

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2022
Connect Leisure Services
 connectrec.ca ~ 403-324-6786

<p style="text-align: right;">4</p>	<p style="text-align: center;">Labor Day</p>  <p style="text-align: center;">No Programs</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p style="text-align: right;">5</p> <p style="text-align: right;">6</p> <p>9:00 Grocery Shopping 10:15 Snack 10:30 Slow Cooker Meal 12:00 Lunch 01:00 Life Skills 02:00 Book Club 03:15 Labor Day Trivia On the Patio</p>	<p style="text-align: right;">7</p> <p>09:00 Daily News 09:30 Mid Week Stretch 10:15 Snack 10:30 Green Thumb 12:00 Lunch 01:00 Basketball 02:15 Clay Pinch Pots 03:15 Would you Rather On the Patio 6:30 Greenbar Karaoke</p>	<p style="text-align: right;">8</p> <p>9:00 Daily News 09:30 Zumba 10:15 Snack 10:30 Baking 12:00 Lunch 01:00 Wood Working 02:15 Mind Teasers 03:15 Journal Me</p>	<p style="text-align: right;">1</p> <p>09:00 Daily News 09:30 Let's Dance 10:30 Boom Whackers 11:45 Lunch 12:30 Adaptive Art Program 01:30 Volunteer at Library 02:15 Meal Planning 03:15 Name That Tune 06:30 No Program</p>	<p style="text-align: right;">2</p> <p style="text-align: right;">3</p>
<p style="text-align: right;">11</p> <p>09:00 Daily News 09:30 Tai Chi and Meditation 10:30 Creative Arts 12:00 Lunch 01:00 Grocery Shopping 02:00 Healthy Habits 03:15 Word Puzzles 5:00 Clubhouse BBQ</p> <p style="text-align: center;"><small>Grandparents Day</small></p>	<p style="text-align: right;">12</p> <p>9:00 Daily News 09:30 Let's Move 10:15 Snack 10:30 Slow Cooker Meal 12:00 Lunch 01:00 Life Skills 02:00 Book Club 03:15 Board Games</p>	<p style="text-align: right;">13</p> <p>09:00 Daily News 09:30 Mid Week Stretch 10:15 Snack 10:30 Garden Clean Up 12:00 Lunch 01:00 Frisbee Golf 02:15 Sandtray Mandala 03:15 Chatting on the Patio 6:30 Blender Bevies</p>	<p style="text-align: right;">14</p> <p>9:00 Daily News 09:30 Zumba 10:15 Snack 10:30 Baking 12:00 Lunch 01:00 Wood Working 02:15 Travel to Germany 03:15 Journal Me</p>	<p style="text-align: right;">15</p> <p>09:00 Daily News 09:30 Let's Dance 10:30 Musical Games 11:45 Lunch 12:30 Adaptive Art Program 01:30 Volunteer at Library 02:15 Meal Planning 03:00 Oktoberfest Fun 06:30 Clubhouse campfire</p>	<p style="text-align: right;">16</p>	<p style="text-align: right;">17</p> <p style="text-align: center;">Let's Bowl 1:00</p> 
<p style="text-align: right;">18</p> <p>09:00 Daily News 09:30 Yoga and Meditation 10:30 Creative Arts 12:00 Lunch 01:00 Grocery Shopping 02:00 Healthy Habits 03:15 Word Puzzles 5:00 BNT Chinese food Langdon.</p>	<p style="text-align: right;">19</p> <p>9:00 Daily News 09:30 Let's Move 10:15 Snack 10:30 Slow Cooker Meal 12:00 Lunch 01:00 Life Skills 02:00 Book Club 03:15 Board Games</p>	<p style="text-align: right;">20</p> <p>09:00 Daily News 09:30 Mid Week Stretch 10:30 Making Applesauce 12:00 Lunch 01:00 Fall Scavenger Hunt 02:15 Coping Strategies Activity 03:15 Hot Chocolate And Mad Libs 6:30 Game Night</p>	<p style="text-align: right;">21</p> <p>9:00 Daily News 09:30 Zumba 10:15 Snack 10:30 Baking 12:00 Lunch 01:00 Wood Working 02:15 Mind Teasers 03:15 Journal Me</p> <p style="text-align: center;"><small>Autumn Begins</small></p>	<p style="text-align: right;">22</p> <p>09:00 Daily News 09:30 Let's Dance 10:30 Boom Whackers 11:45 Lunch 12:30 Adaptive Art Program 01:30 Volunteer at Library 02:15 Meal Planning 03:00 Welcome Fall Celebration 06:30 Clubhouse Karaoke</p>	<p style="text-align: right;">23</p>	<p style="text-align: right;">24</p>
<p style="text-align: right;">25</p> <p>09:00 Daily News 09:30 Tai Chi and Meditation 10:30 Creative Arts 12:00 Lunch 01:00 Grocery Shopping 02:00 Healthy Habits 03:15 Word Puzzles 5:00 Food From around the World- visit Germany</p> <p style="text-align: center;"><small>Rosh Hashanah Begins</small></p>	<p style="text-align: right;">26</p> <p>9:00 Daily News 09:30 Let's Move 10:15 Snack 10:30 Slow Cooker Meal 12:00 Lunch 01:00 Life Skills 02:00 Book Club 03:15 Board Games</p>	<p style="text-align: right;">27</p> <p>09:00 Daily News 09:30 Mid Week Stretch 10:15 Snack 10:30 Baking for Party 12:00 Lunch 01:00 Volunteer SPCC 03:00 Apple Cider and Donuts 6:30 Flames pizza night</p>	<p style="text-align: right;">28</p> <p>9:00 Daily News 09:30 Zumba 10:15 Snack 10:30 Baking 12:00 Lunch 01:00 Prep for Party 02:00 One Year Anniversary Party Family Welcome!</p>	<p style="text-align: right;">29</p> <p style="text-align: center;">Truth and Reconciliation Day</p> <p style="text-align: center;">No Programs</p>	<p style="text-align: right;">30</p>	

Clubhouse Address: 19 Park Lane Dr. Strathmore, AB