Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
240	epterno Connect Leis nnectrec.ca	sure Service: ~ 403-324-67	s 786	9:00 Daily News 09:30 Zumba 10:15 Snack 10:30 Baking 12:00 Lunch 01:00 Wood Working 02:15 Mind Teasers 03:15 Journal Me	09:00 Daily News 09:30 Let's Dance 10:30 Boom Whackers 11:45 Lunch 12:30 Adaptive Art Program 01:30 Volunteer at Library 02:15 Meal Planning 03:15 Name That Tune 06:30 No Program	3
4	Labor <b>5</b>	6 Channing	09:00 Daily News 7	8	09:00 Daily News 09:30 Let's Dance	10
	Day		09:30 Mid Week Stretch 10:15 Snack	9:00 Dally News 09:30 Zumba	10:30 Musical Games	
		10:30 Slow Cooker Meal		10:15 Snack	11:45 Lunch	Stampeder
		12:00 Lunch	12:00 Lunch	10:30 Baking	12:30 Adaptive Art Program 01:30 Volunteer at Library	Football 6:00
			01:00 Basketball	12:00 Lunch	02:15 Meal Planning	
	14 VIII - 15 C		02:15 Clay Pinch Pots 03:15 Would you Rather	01:00 Wood Working	03:00 End of Summer Party	
	No Programs	On the Patio	On the Patio	03:15 Journal Me	06:30 Movie Night	
	Labor Day		6:30 Greenbar Karaoke			
11	09:00 Daily News 12		09:00 Daily News <b>14</b>		09:00 Daily News 09:30 Let's Dance	17
	09:30 Tai Chi and Meditation	9:00 Daily News 09:30 Let's Move	09:30 Mid Week Stretch 10:15 Snack	09:30 Zumba	10:30 Musical Games	Let's Bowl
	10:30 Creative Arts	10:15 Snack	10:30 Garden Clean Up	10:15 Snack	11:45 Lunch	1:00
	12:00 Lunch	10:30 Slow Cooker Meal	12:00 Lunch	10:30 Baking	12:30 Adaptive Art Program 01:30 Volunteer at Library	
	01:00 Grocery Shopping		01:00 Frisbee Golf	12:00 Lunch	02:15 Meal Planning	QMO O
	02:00 Healthy Habits 03:15 Word Puzzles		02:15 Sandtray Mandala 03:15 Chatting on the	01:00 Wood Working 02:15 Travel to Germany	03:00 Oktoberfest Fun	
	5:00 Clubhouse BBQ	03:15 Board Games	Patio	03:15 Journal Me	00.30 Clubriouse campille	
Grandparents Day			6:30 Blender Bevies			
18	09:00 Daily News 19	20	09:00 Daily News 09:30 Mid Week Stretch	22	09:00 Daily News 09:30 Let's Dance	24
	09:30 Yoga and Meditation	9:00 Daily News 09:30 Let's Move	10:30 Making Applesauce	9:00 Daily News 09:30 Zumba	10:30 Boom Whackers	
	10:30 Creative Arts	10:15 Snack	12:00 Lunch	10:15 Snack	11:45 Lunch	
	12:00 Lunch	10:30 Slow Cooker Meal	01:00 Fall Scavenger Hunt	10:30 Baking	12:30 Adaptive Art Program 01:30 Volunteer at Library	
	01:00 Grocery Shopping	12:00 Lunch	02:15 Coping Strategies	12:00 Lunch	02:15 Meal Planning	
	02:00 Healthy Habits 03:15 Word Puzzles	01:00 Life Skills 02:00 Book Club	Activity 03:15 Hot Chocolate	01:00 Wood Working 02:15 Mind Teasers	03:00 Welcome Fall Celebration	
	5:00 BNT Chinese food	03:15 Board Games	And Mad Libs	03:15 Journal Me	06:30 Clubhouse Karaoke	
	Langdon.		6:30 Game Night	Autumn Begins		
25	09:00 Daily News <b>26</b>	27	09:00 Daily News 28	9:00 Daily News <b>29</b>	30	
	09:30 Tai Chi and Meditation	9:00 Daily News 09:30 Let's Move	09:30 Mid Week Stretch 10:15 Snack	09:30 Zumba 10:15 Snack	Truth and	
	10:30 Creative Arts	10:15 Snack	10:30 Baking for Party	10:30 Baking	Reconciliation Day	
	12:00 Lunch	10:30 Slow Cooker Meal		12:00 Lunch		100
	01:00 Grocery Shopping		01:00 Volunteer SPCC	01:00 Prep for Party		
	02:00 Healthy Habits		03:00 Apple Cider and	02:00 One Year	No Drograma	
	03:15 Word Puzzles 5:00 Food From around	02:00 Book Club 03:15 Board Games	Donuts 6:30 Flames pizza night	Anniversary Party Family Welcome!	No Programs	
Rosh Hashanah Begins	the World- visit Germany	oo. 10 Dould Oallies	0.00 Flames pizza night	r army vvelocifie:		
	19 Park Lane Dr. Stra	athmore AB				

Clubhouse Address: 19 Park Lane Dr. Strathmore, AB