

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2023

April Fools' Day

2 09:00 Welcome to the New Clubhouse!
12:00 Lunch
01:00 Grocery Shopping
02:00 Healthy Habits
03:15 Word Puzzles
5:00 Minute Meal Cooking group

Palm Sunday



Easter Sunday

9 09:00 Daily News
09:30 Yoga and Meditation
10:30 Creative Arts
12:00 Lunch
01:00 Grocery Shopping
02:00 Healthy Habits
03:15 Word Puzzles
No Program - Rina is gone

16 09:00 Daily News
09:30 Tai Chi and Meditation
10:30 Creative Arts
12:00 Lunch
01:00 Grocery Shopping
02:00 Healthy Habits
03:15 Word Puzzles
5:00 **Supper at Mikes**

23 09:00 Daily News
09:30 Yoga and Meditation
10:30 Creative Arts
12:00 Lunch
01:00 Grocery Shopping
02:00 Healthy Habits
03:15 Word Puzzles
5:00 Minute Meal Cooking group

30

3 09:00 Daily News
09:30 Let's Move
10:30 Slow Cooker Meal
12:00 Lunch
01:00 Life Skills
02:00 Basketball at HCC
03:15 Board Games

10 09:00 Daily News
09:30 Let's Move
10:30 Slow Cooker Meal
12:00 Lunch
01:00 Life Skills
02:00 Book Club
03:15 Board Games

17 09:00 Daily News
09:30 Let's Move
10:30 Slow Cooker Meal
12:00 Lunch
01:00 Life Skills
02:00 Book Club
03:15 Board Games

24 09:00 Daily News
09:30 Let's Move
10:30 Slow Cooker Meal
12:00 Lunch
1:00 Profession cookie decorating class (guest speaker).
3:00 Board Games

4 09:00 Daily News
09:30 Midweek Stretches
10:30 Baking- Easter!
12:00 Lunch
01:00 Coping Strategies
02:00 Easter Around The World
03:15 Mind Teasers
5:30 Flames and Pizza night
Passover Begins

11 09:00 Daily News
09:30 Midweek Stretches
10:30 Baking
12:00 Lunch
01:00 Coping Strategies
02:00 Mind Teasers
03:15 Clubhouse Cranium
No Program - Rina is gone

18 09:00 Daily News
09:30 Midweek Stretches
10:30 Baking
12:00 Lunch
01:00 Coping Strategies
02:00 Mind Teasers
03:15 Finish the Lyrics
No Program

25 09:00 Daily News
09:30 Midweek Stretches
10:30 Baking
12:00 Lunch
1-4 Come and Go Tea for families and friends.
6:30 Blender Bevies
Administrative Professionals Day

5 09:00 Daily News
09:30 Zumba
10:30 Egg Decorating
12:00 Lunch
01:00 Greenhouse Visit
02:00 Meal Planning
03:00 Easter EGG Games

12 09:00 Daily News
09:30 Zumba
11:00 Early Lunch
12:30 Bowling Field Trip To Bassano!
02:30 Snack
03:00 Journal Reflection

19 09:00 Daily News
09:30 Zumba
10:30 Wood Working
12:00 Lunch
01:00 Green Thumb: Water Garden
02:00 Spring Walk
03:15 Journal Reflections

26 09:00 Daily News
09:30 Zumba
10:30 Wood Working
12:00 Lunch
01:00 Green Thumb: Greenhouse Visit
02:00 Spring Walk
03:15 Journal Reflections

6 
Good Friday
No Programs

13 09:00 Daily News
09:30 Let's Dance
10:30 Musical Games
11:45 Lunch
01:15 Volunteer at Library
02:00 Meal Planning
03:15 Karaoke Fun
No Program - Rina is gone

20 09:00 Daily News
09:30 Let's Dance
10:30 Musical Games
11:30 Lunch
12:30 Upcycle Project
01:30 Volunteer at Lib.
02:00 Meal Planning
03:15 Finish upcycle Pro.
6:30 Clubhouse Karaoke

27 09:00 Daily News
09:30 Let's Dance
10:30 Musical Games
11:45 Lunch
01:15 Volunteer at Library
02:00 Meal Planning
03:15 Karaoke Fun
6:30 Movie Night
Arbor Day

7 **No Programs**

14 09:00 Daily News
09:30 Let's Dance
10:30 Musical Games
11:45 Lunch
01:15 Volunteer at Library
02:00 Meal Planning
03:15 Karaoke Fun
No Program - Rina is gone

21 **Brewhouse Supper in Chestermere 4:00**
Earth Day

28 **Peter's Drive in 12:30.**

Connect Leisure Services

Connectrec.ca

403-901-5676 ~ 403-324-6786

NEW ADDRESS: 755c Lakeside Blvd Strathmore AB