

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

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2 Groundhog Day	3 Welcome and update Get Fit Snack Sewing/ Groceries/5-sense Lunch/Prep Healthy Habit Creative Arts Snack Tai Chi	4 Welcome and update Get Fit Snack Slow Cooker/Table Games/5-Sense Lunch/Prep Life Skills Creative Arts Snack Book Club/National Geo	5 Welcome and update Get Fit Snack Sport Club/Concession/Baking Lunch/Prep Green thumb Musical Games Snack Mind Teasers Karaoke at Mikes	6 Welcome and update Get Fit-Circuit Snack Menu Planning/Grocery List Lunch/Prep Woodworking Walking Track Snack Group Table Games	7 Welcome/Update Making Bread Get Fit Happy Cat Volunteering Floor Curling Lunch Library Volunteering Walking Track Clubhouse Clean Karaoke		8
9	10 Welcome and update Get Fit Snack Sewing/ Groceries/5-sense Lunch/Prep Healthy Habit Creative Arts Snack Tai chi	11 Welcome and update Get Fit Snack Slow Cooker/Table Games/5-Sense Lunch/Prep Life Skills Creative Arts Snack Book Club/National Geo	12 Welcome and update Get Fit Snack Sport Club/Concession/Baking Lunch/Prep Green thumb Musical Games Snack Mind Teasers Karaoke at Mikes	13 Welcome and update Get Fit-Circuit Snack Menu Planning/Grocery List Lunch/Prep Woodworking Walking Track Snack Group Table Games	14 Welcome/Update Get Fit Happy Cat Volunteering Library Volunteering Lunch Valentine Fun  Valentine's Day		15
16	17 Happy Family Day  No Program	18 Welcome and update Get Fit Snack Slow Cooker/Groceries/5-Sense Lunch/Prep Bassano Bowling 12:30 Snack Book Club/National Geo	19 Welcome and update Get Fit Snack Sport Club/Concession/Baking Lunch/Prep Green thumb Musical Games Snack Mind Teasers Karaoke at Mikes	20 Welcome and update Get Fit-Circuit Snack Menu Planning/Grocery List Lunch/Prep Woodworking Walking Track Snack Group Table Games	21 Welcome/Update Making Bread Get Fit Happy Cat Volunteering Wii Bowling Lunch Library Volunteering Walking Track Clubhouse Clean Karaoke		22
23	24 Welcome and update Get Fit Snack Sewing/ Groceries/5-sense Lunch/Prep Healthy Habit Creative Arts Snack Tai chi Supper Club 5:30	25 Welcome and update Get Fit Snack Slow Cooker/Table Games/5-Sense Lunch/Prep Life Skills Creative Arts Snack Book Club/National Geo	26 Welcome and update Get Fit Snack Sport Club/Concession/Baking Lunch/Prep Green thumb Musical Games Snack Mind Teasers Karaoke at Mikes	27 Welcome and update Get Fit-Circuit Snack Menu Planning/Grocery List Lunch/Prep Woodworking Walking Track Snack Group Table Games	28 Welcome/Update Get Fit Happy Cat Volunteering Table Bowling Lunch Library Volunteering Walking Track Clubhouse Clean Karaoke		